

# Speaking Out Against Disrespect



## What is Speaking Out Against Disrespect?

This training is about respectful relationships. It is part of the Geraldton Community Respect and Equality (CRE) Plan, a community-wide program that aims to promote respect and equality and work towards reducing family violence in the long term.

## Who can attend?

Anyone who is interested in learning bystander techniques that make a stand against disrespectful behaviour in their organisation or in any part of their life.

## What you will learn

The purpose of this training is to build individuals' understanding, skills and confidence to take pro-social bystander action when they see disrespectful behaviour in their organisation. The focus of the training is on respect in the workplace, but you may find the techniques are useful in other parts of your life as well.

## Program features

This training aims to help you recognise attitudes and behaviour that underlie violence, and then give you skills and confidence to actively challenge the ways that inequality and disrespect occur inside and outside the workplace. It is about challenging the attitudes and behaviours that underlie violence. This is NOT about intervening in violent incidents.

**Date:** Thurs 16 Oct 2025  
**Venue:** WA Centre for Rural Health  
167 Fitzgerald St, Geraldton  
**Time:** 9.00am-11.00am  
**RSVP:** [admin-wacrh@uwa.edu.au](mailto:admin-wacrh@uwa.edu.au)  
**Tel:** 9956 0200  
**Cost:** FREE



Western Australian Centre for Rural Health



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